The Boe Rigg School Dinners
Spring Term 2023

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| Week 1 Commencing 10th Jan |
| MainVeg Option | Mince & dumplings with VegetablesPasta Neapolitan | Ham & cheese omelette, beans and hashbrownRoasted pepper omelette | Baked sausage & boiled potatoes with vegetables and gravy.Vegetarian sausage  | Chicken nuggets & skin on wedges with peas & carrots.Cauliflour, Brocolli nuggets | Fish fingers, chips and peas.Veggie – finger, chips and peas. |
| Option | Jacket potato with choice/combination fillings cheese, ham, beans |
| Dessert | Chocolate Muffin | Mixed fruit & ice cream  | Cheese & biscuit | Sticky toffee & ice-cream | Cookie & mousse  |

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| Week 2 Commencing 16th January |
| MainVeg Option | Lasagne with mini roast pototoes & saladVegetable lasagne | Chicken & mushroom pie with mash & vegetablesMushroom pie | Pepperoni pizza slice, potato skins and carrot sticks.Pepper topped pizza. | Burger in a bun with chips and beansVegetarian burger | Sausage casserole, boiled potatoes, vegetablesVegetarian sausage casserole |
| Option | Pasta carbonara.  |
| Dessert | Fruit & jelly | Chocolate bread & butter pudding | Fresh fruit filled meringue & cream | Lemon drizzle cake & custard | Angel delight & cookie |

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| Week 3 Commencing 23rd January |
| MainVeg Option | Roast chicken dinner with roasted root vegetables & Yorkshire pudding.None meat loaf |  Sausage roll with mini roast potatoes & beans.Veggie sausage  | Chilli con carne with rice and garlic breadVeggie chilli | Hot dog & bun, potato skins & salad.Pepper pin wheel | Fish cakes and chips with peas & sweetcornVegetable cake |
| Option | Vegetable soup with crusty bread & croutons | Chicken & mushroom soup crusty bread & croutons  | Tomato soup with crust bread & croutons | Carrot & coriander soup with crusty bread & croutons | Cucumber & pea soup with crusty bread & croutons |
| Dessert | Iced ring donut | Chocolate cake & custard | Fruit & Jelly | Apple & cinnamon crumble | Chocolate rice crispy cake  |