The Boe Rigg School Dinners
April 2023

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| Week 1 Commencing 18th April 2023 |
| MainVeg Option | Mince & dumplings with vegetables.Pasta Neapolitan | Ham & cheese topped omelette, beans & hash brown.Roasted pepper omelette  | Baked sausage, boiled potatoes with vegetables and gravy.Vegetarian sausage  | Sweet & sour chicken nuggets, rice.Cauliflower, brocolli nuggets | Fish fingers, chips and peas.None fish finger |
| Option Primary | Jacket potato/fillings cheese, ham, beans | Meat balls & pasta in a tomato sauce |
| Dessert | Chocolate Muffin | Mixed fruit & ice cream  | Cheese & biscuit | Sticky toffee pudding & Icecream | Cookie & mousse  |

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| Week 2  |
| MainVeg Option | Lasagne, roast potatoes & salad.Pepper & fennel lasagne | Vegetable pie with mash & peas.Vegetable pie with mash & peas | Chilli con carne with rice and garlic bread.Vege- chilli | Cheeseburger wedges and beans.Vegetarian burger | Sausage casserole, boiled potatoes, vegetables.Vegetarian sausage casserole. |
| Alternative | Pasta Carbonara | Jacket potato fillings cheese, ham, beans |
| Dessert | Fruit & jelly | Chocolate bread & butter pudding | Fresh fruit filled meringue & cream | Cup cake  | Pink custard & cookie |

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| Week 3  |
| MainVeg Option | Roast chicken dinner with roast root vegetables & Yorkshire pudding.None meat loaf | Sausage roll, roast potatoes & beans.Vegetable lasagne  | Cheese & tomato pizza, potato skins and carrot sticks.Margareta pizza | Hot dog & bun with potato salad.Veggie hot dog | Fish cakes and chips with peas & sweetcorn.Vegetable cake |
| Alternative | Thick vegetable Soup with crusty bread & croutons | Mushroom soup crusty bread & croutons  | Tomato soup with crusty bread & croutons | Carrot & corriander soup with crusty bread & croutons | Ham & pea soup with crusty bread & croutons |
| Dessert | Fruit & jelly | Jam sponge & custard | Doughnut bites with chocolate sauce | Angel delight & cookie | Chocolate rice crispy cake  |